

SUPPORT & RESPONSE AS A CAREGIVER

does what I say or do actually make a difference to them?

Studies show that...

- NEGATIVE REACTIONS, ESPECIALLY FROM FAMILY MEMBERS, MADE THE CHILD'S RECOVERY MORE DIFFICULT
- EVEN IF A CHILD WERE TO **THINK** THAT THEY HAVE CAREGIVER SUPPORT, THEY WILL HAVE BETTER HEALING OUTCOMES – DESPITE WHAT A CAREGIVER'S INNER THOUGHTS OR STRUGGLES MAY BE



What survivors wish they had

- BETTER EDUCATION & DISCUSSION FOR CHILDREN ABOUT HEALTHY RELATIONSHIPS, ABUSE, & CONSENT IN SCHOOLS & AT HOME
- CAREGIVERS IN THEIR LIVES TO HAVE A BETTER UNDERSTANDING OF TA-CSA & THE IMPACT OF TA-CSA ON THEM

there is no way to avoid the internet entirely – but you can make it a safer space



- TAKING AWAY ACCESS TO ALL FORMS OF TECHNOLOGY & INTERNET MAY NOT ALWAYS BE POSSIBLE OR PRODUCTIVE
- YOU CAN WORK TO MAKE A SAFETY PLAN OR RULES AROUND TECHNOLOGY USE AT ANY POINT
- IT IS YOUR JOB TO PROTECT YOUR CHILD & HELP THEM GAIN INDEPENDENCE, PRIVACY, & LEARN RESPONSIBILITY – EVEN WITH THE INTERNET

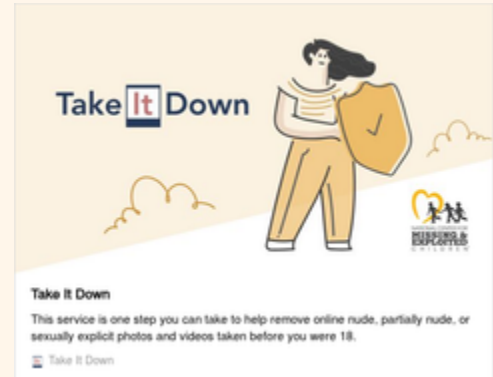
Simple ways to safety plan with your child

- BE OPEN IN TALKING WITH YOUR CHILD ABOUT THE INTERNET & DO IT REGULARLY
- CREATE CLEAR BOUNDARIES – MAKE SURE KIDS UNDERSTAND CLEAR RULES ABOUT WHAT IS NEVER OKAY TO SHARE WITH ANYONE ONLINE
- SET LIMITS FOR DEVICE USE
- LEARN ABOUT THE TECHNOLOGY THAT YOUR CHILD USES – UNDERSTANDING WHAT & HOW THEY CONNECT WITH ONLINE CAN HELP YOU KEEP THEM SAFE
- EDUCATE YOURSELF & CHILD ABOUT CYBERBULLYING, SEXTORTION, PORNOGRAPHY & OTHER NEGATIVE ONLINE EXPERIENCES, ADJUSTED TO THEIR AGE
- MONITORING SOFTWARE CAN BE IMPLEMENTED THAT LIMITS ACCESS TO CONTENT, BUT THIS SOFTWARE SHOULD NOT STAND ALONE & SHOULD BE PAIRED WITH THE ABOVE STRATEGIES
- ENCOURAGE THEIR OWN POSITIVE BEHAVIOR ONLINE

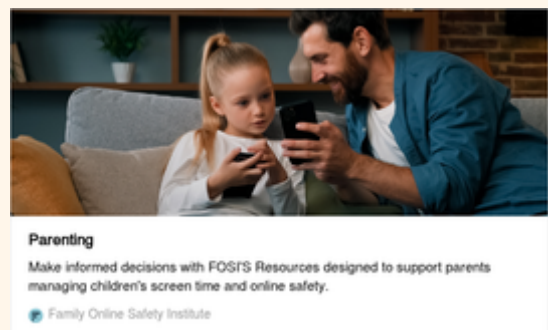
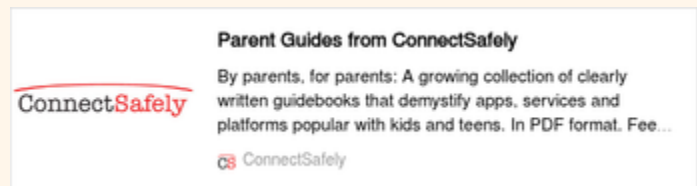


ADDITIONAL RESOURCES & SUPPORT

Reporting & Removing Sexually Explicit Materials



Education & Discussion Resources



Victim Services Information

